



Tel (281) 332-9682 | Fax (281)332-5957 | www.ClearLakeDerm.com

PRE & POST CARE FOR DIAMOND GLOW

WHAT IS DIAMOND GLOW?

DiamondGlow treatments are used to treat hyperpigmentation, acne, congestion and clogged pores. The best results are realized with regular treatments spaced 4-6 weeks apart.

HOW TO PREPARE FOR YOUR APPOINTMENT

If you have a history of herpes simplex (cold sores), please contact our office at the first sign of a breakout. If you frequently experience cold sores, we can prescribe an antiviral to take at the time of your appointment to help prevent an outbreak.

WHAT TO AVOID AFTER TREATMENT

- Avoid active products for 3 days following treatment. These include retinoids, tretinoin, glycolics, salicylic acids, lactic acids, hydroquinone products, dapsone, acne products, or precancer treatments as directed by your provider.
- Avoid waxing, threading or other hair removal services for 5 days after your treatment.
- **DO NOT** schedule hair treatments within 10 days post treatment (hair dye, relaxers, perms or any chemical procedure).

HOW TO CARE FOR SKIN AFTER TREATMENT

- Your skin may appear slightly red or pink for several days after treatment.
- Please make sure to use SPF 30+ sunblock daily. This will ensure the best result possible and avoid the risk of sunburn and skin irritation.
- For optimal and progressive results, we recommend scheduling a DiamondGlow every 4-6 weeks.

RECOMMENDED PRODUCTS POST DIAMOND GLOW

Your provider can give you specific recommendations as well.

- Cleansers: SkinMedica AHA/BHA Cleanser or Skinbetter Refining Foaming Cleanser

- Moisturizers: SkinCeuticals Triple Lipid Restore, Skinbetter Trio Rebalancing Moisture Treatment or Skinbetter Trio Luxe Moisture Treatment
- Sunscreen: Skinbetter Sunbetter TONE SMART, Revision Intellishade, or any of our EltaMD options

OUR PROMISE TO YOU

Our goal is to make you the most comfortable and informed before, during and after your treatment. However, we cannot provide exact timelines for how long it will take to see results or predict exactly how you will respond. Each person is unique, and your response will be as well. Additional treatments or services may be needed to achieve your final goal.

If your provider has given you instructions deviating from the general recommendations in this document, please follow your provider's personalized instructions.

Questions or concerns? Please securely send a direct message to your provider or call the office 281-332-9682.