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PRE TREATMENT INFORMATION FOR EMSELLA

We are excited you have chosen to treat with Emsella! We want to ensure you are fully informed of all treatment details and expectations. We also want to make you most comfortable during and after your treatment. Please review the following information and let your provider know if you have any questions or concerns.

TREATMENT PLANS & FREQUENCY OF YOUR TREATMENTS

Emsella is intended to provide entirely non-invasive electromagnetic stimulation of pelvic floor musculature for the purpose of rehabilitation of weak pelvic muscles and restoration of neuromuscular control for the treatment of urinary incontinence.

- We suggest 6 - 12 treatments done 1-2x/week. The number of treatments will be determined during your consultation with one of our providers.
- Full results typically take 12 weeks after your final treatment.

WHAT TO INFORM US OF PRIOR TO TREATMENT

- If you have a copper IUD or metal implants in the area (this includes the hip), you will not be able to be treated.
- If you are near your menstrual cycle or are currently menstruating, please contact our office to reschedule your appointment once your cycle is finished.
- Please inform us if you have drug pumps, defibrillators, or other implants.
- Prior to treatment, please let us know of any medical conditions you are being treated for or if you currently are feeling unwell for any reason.

WHAT TO EXPECT DURING YOUR TREATMENT

- There is typically no pain associated with your treatment and there is no anesthetic required. You will experience gradually increasing tingling feeling and muscle contractions. These sensations in the pelvic area are normal and expected.

WHAT TO EXPECT AFTER TREATMENT

- There are certain risks associated with Emsella treatments and they include but are not limited to: muscular pain, temporary muscle spasm, temporary joint or tendon pain, local erythema, or skin redness.
- It is possible and sometimes common to experience more leakage after the first few treatments due to fatigue of the muscle. This will lessen as you progress through your series and the muscles strengthen.

OUR PROMISE TO YOU

Our goal is to make you the most comfortable and informed before, during and after your treatment. However, we cannot provide exact timelines for how long it will take to see results or predict exactly how you will respond. Each person is unique, and your response will be as well. Additional treatments or services may be needed to achieve your final goal.

If your provider has given you instructions deviating from the general recommendations in this document, please follow your provider's personalized instructions.

Questions or concerns? Please securely send a direct message to your provider or call the office 281-332-9682.